

## Stroke Awareness

*“Every five minutes someone in the UK suffers a stroke”*

Strokes do not discriminate; they can happen to anyone, from babies to adults, at any time in their lives.

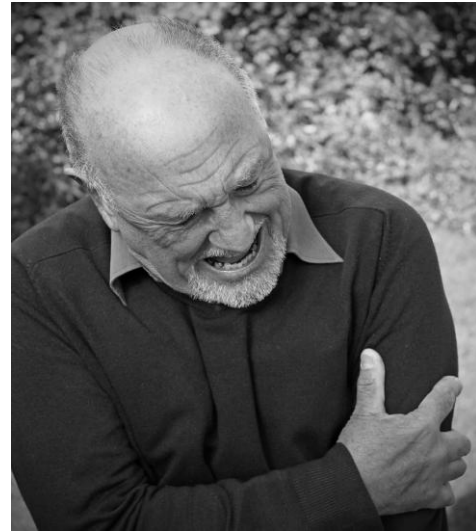
Strokes are sudden and their consequences can, potentially, be devastating.

This Stroke awareness course highlights the causes and symptoms of strokes and TIA's.

It provides insight into the treatment and after care for those who have suffered a stroke or TIA.

This half day course covers the following:

- What is a stroke?
- What is a TIA? (Transient Ischaemic Attack)
- Causes
- First Aid and care whilst in hospital
- Diagnosis and Treatments
- After care – therapy and living with the condition
- FAST Demonstration and how to dress/undress someone who has had a stroke



**Training Methods:** Lectures, case studies and group discussions. Demonstration of FAST

**Assessment** is a thorough observation of practical elements and a written test paper which is marked by the Tutor and then verified by an assessor, for Quality Assurance purposes. To gain a certificate a course mark in excess of 80% is required. On successful completion of the course, students will receive a Certificate which will remain valid for one year from date of issue.

Employers will receive all necessary paperwork to provide an auditable paper trail