

## Hoist Training with or without Moving and Handling equipment

It is estimated that 4.5 million working days (full-day equivalent) were lost in the previous 12 months due to work-related musculoskeletal disorders which mainly affected the back.

Each person suffering from such a condition took an estimated 17.4 days off work on average in this period.

It is important that staff working in Health and Social Care are trained and competent to carry out moving and handling tasks incorporating Hoist work as in many cases this forms a large part of their daily job role.



**The aim of this half day course is to reduce risks to both staff and Service Users** through the use of safe and efficient knowledge of types of hoist and their usage also of Moving and Handling equipment Participants will be encouraged and supported to explore and develop their knowledge of patient moving and handling, which includes their individual responsibilities, relevant legislation and demonstration of practical techniques relevant to their place of work.

This practical course serves as a refresher for experienced staff or as an introduction for new employees and is a requirement under the Essential Standards of quality and safety

- Legislation, Employer/Employee responsibilities
- Safe handling, good/dangerous techniques
- Types of Hoists/ breakdown and parts of hoist
- Usage of hoists and correct selection of slings
- Practical Session incorporating hoist training
- Practical Session incorporating handling equipment



**Training methods:** Lectures, activities, practical assessments, and group discussion. Students will take away with them a comprehensive course handout

**Assessment** is a thorough observation of practical elements and a hoist and/or equipment assessment which is assessed by a fully qualified Moving and Handling assessor, for Quality Assurance purposes. On successful completion of the course, students will receive a Certificate which will remain valid for one year from date of issue. Employers will receive all necessary paperwork to provide an auditable paper trail