

Derma care – Pressure sores

Derma Care or skin care is vital to the wellbeing of any Service User

Delegates will develop their skills and gain a knowledge of this topic, whilst exploring self help, care interventions and guidance

The aim of the course is to understand the nature of skin care and how pressure sores can develop, The causes, risk factors, Treatment and recovery, The various ways it can affect individuals, and the most appropriate care for people with pressure sores.



This half day course covers the following:

- What are pressure sores and where might they appear
- How to detect a pressure sore and the symptoms
- Causes and risk factors
- Complications of pressure sores and poor skin care
- How to prevent Pressure sores
- Variations of treatment

- Recovery
- What is good skin care
- Where may problems occur, skin folds, creases, bruises and tears
- Skin conditions



Training Methods: Lectures, and group discussions. Demonstration of potential pressure areas and skin care equipment

Assessment is a thorough observation of practical elements and a written test paper which is marked by the Tutor and then verified by an assessor, for Quality Assurance purposes. To gain a certificate a course mark in excess of 80% is required. On successful completion of the course, students will receive a Certificate which will remain valid for one year from date of issue. Employers will receive all necessary paperwork to provide an auditable paper trail